

# ACQUAFITNESS

ORARIO	LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'	SABATO
09:00/09:45		ACQUAGYM			ACQUAGYM	
10:30/11:15	ACQUAGYM			ACQUAGYM		ACQUAGYM
12:40/13:25		ACQUAGYM	ACQUAGYM		ACQUAGYM	
15:15/16:00		ACQUAGYM			ACQUAGYM	
15:30/16:15				TOTAL BODY		
19:00/19:45	ACQUAPOLE					
19:15/20:00		HYDROBIKE	ACQUA JUMP	HYDROBIKE	HYDROBIKE	
20:00/20:45	TOTAL BODY	ACQUAGYM	ACQUAGYM		ACQUAGYM	
20:10/20:55				ACQUAPOLE		
20:45/21:35		TOTAL BODY			ACQUAPOLE	20:50/21:35
21:00/21:45	HYDROBIKE	TOTAL BODY	HYDROBIKE	ACQUAGYM		